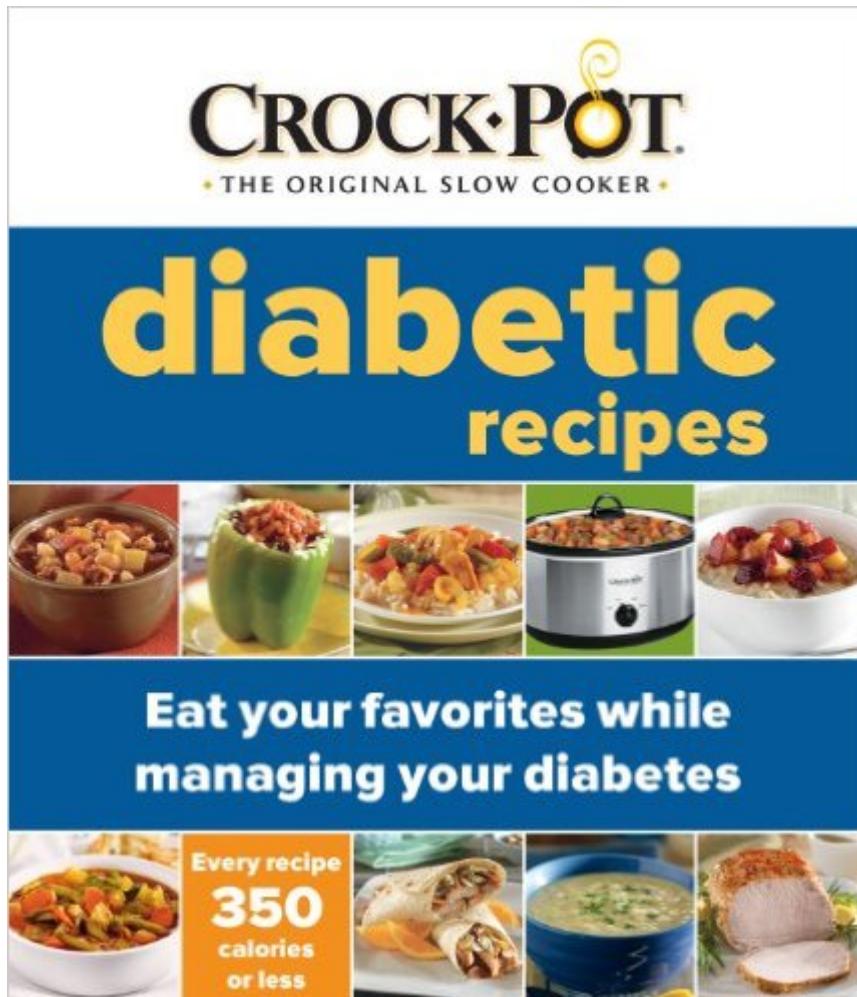


The book was found

Crock-Pot: Diabetic Recipes



Synopsis

Just because you have diabetes, does not mean you can't enjoy all of the classic comfort foods. CROCK-POT® Slow Cooker Diabetic Cookbook features some of the best in family favorite slow cooker recipes. You'll find more than 150 decadent recipes at 350 calories or less that were re-invented to fit within a diabetic diet. Each recipe is designed to allow you to indulge your taste buds without messing with your blood sugar levels including breakfast recipes, main dishes, side dishes, soups and even vegetarian options. Book includes a helpful introductory background on diabetes and how foods affect the disease. All recipes feature full nutrition information as well as diabetic meal exchanges.

Book Information

Paperback: 256 pages

Publisher: Publications International (August 11, 2011)

Language: English

ISBN-10: 1450824099

ISBN-13: 978-1450824095

Product Dimensions: 7.9 x 0.9 x 9.2 inches

Shipping Weight: 2.1 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ See all reviewsÂ (23 customer reviews)

Best Sellers Rank: #73,003 in Books (See Top 100 in Books) #100 inÂ Books > Cookbooks, Food & Wine > Special Diet > Diabetic & Sugar-Free

Customer Reviews

As a Kidney patient I am always looking for new, safe and healthy recipes - and I love to use my Crock Pot - so when I saw this one, I placed my order and tried it the same day it arrived. Excellent...Delicious...Easy to Follow...Wide variety; all very good reasons to buy this particular cookbook. The only 'complaints' I would mention are that some recipes are large enough to feed an army (so you may have to adjust for size) and the spices can be a bit much (for example, I need to decrease the Pepper by half for my husband). My best endorsement, however, would be to say I am buying another copy of this cookbook for my dad (age 90) who has Diabetes and enjoys cooking. I think he will really enjoy it.

My husband is diabetic and also does the cooking. He has prepared 2 of the recipes so far and they were very good. Recipes are easy to follow.

This book was just what I needed to help keep my diabetes under control. Well written, explained the basics of diabetes. Very fast delivery. Very happy with this transaction.Bruce Nordstrom

I have tried several of the recipes and so far, all are delicious. They use "normal" ingredients, not stuff you've never heard of or those that are hard to find. There is a wide variety of dishes from main courses with and without meat, soups, veggies, etc. The recipes are easy to follow. I intend to purchase several more of these cookbooks as gifts for friends and family, even those that are not diabetic.

All the recipes in here are easy to make. It is wonderful to come home to a cooked meal that didn't come from the drive-thru.

Crock-Pot Diabetic Recipes offers a variety of recipes for everyday living. Its compact size makes it easy to use in the kitchen prep area. Illustrations and pictures of final recipe products are extremely helpful!

I was very happy to find so many crock pot recipes. They seem simple enough to cook. I have tried a couple and liked the flavors. I believe I made a good choice when I purchased this cook book---The price was great.

Good recipes easy to follow. Enjoyed the process of using a crock pot. I would recommend this cook book highly.

[Download to continue reading...](#)

CROCK POT: Over 1825 Crock Pot Dump Meals and Dump Dinner Recipes (Crock Pot, Dump Meals, Dump Dinners, Freezer Meals, Crock Pot Cookbook, Crock Pot Recipes, Crock Pot Chicken Recipes) Crock Pot: Crock Pot Cooking Book: Crock Pot Lover (Crock Pot, Slow Cooking Recipes with Easy Crock Pot Dump Meals and Dump Dinners for slow cooker) (Slow cooker recipes Book 1) Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Recipes Free) Crock Pot Recipes: Crock Pot Recipes For Supreme Healthy Eating: 100 Simple Crock Pot Recipes to Work the Heck Out of Your Crock Pot CROCK POT: 450 Easy Crockpot Recipes (crockpot cookbook, slow cooker recipes, crock pot meals, paleo, vegetarian, crock pot, crock pot cookbook, crockpot

freezer meals, slow cooker cookbook) CROCK POT Dump and Go Recipes: Quick and Easy Meals Ideas for When You're In a Hurry: (Crock pot recipes, Slow Cooker recipies, Crock Pot Dump Meals, Crock Pot cookbook, Slow Cooker cookbook) Crock Pot Recipes - The Ultimate 500 CrockPot Recipes Cookbook (Crock-Pot Meals, Crock Pot Cookbook, Slow Cooker, Slow Cooker Recipes, Slow Cooking, Slow ... Meals, Paleo, Vegan): Bonus 200 Recipes 2250 Pressure Cooker, Crock Pot, Instant Pot and Slow Cooking Recipes Cookbook: (Crock-Pot Meals, Instant Pot Cookbook, Slow Cooker, Pressure Cooker Recipes, Slow Cooking, Paleo, Vegan, Healthy) Crockpot This Winter: 50+ Super Easy One Pot Slow Cooker Recipes Cookbook - Ultimate Crock-Pot Meals, Soup Stew Slow Cooking, Best Crock Pot Cookbook, ... Cooker Recipes, Vegetarian Vegan, Paleo, Instant Pot Cookbook: 30 Top Vegan Recipes for Instant Pot Pressure Cooker: Cook Healthier And Faster (Instant Pot Cookbook Paleo, Instant Pot Weight Loss ... Instant Pot Chicken Recipes, Slow Cooker 5) Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb) (Cookbook delicious recipes 1) Crock Pot Cookbook: 77 Delicious and Easy to Prepare Crock Pot Recipes Top 500 Instant Pot Pressure Cooker Recipes Cookbook Bundle (Slow Cooker, Slow Cooking, Meals, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Dinner) The Big Book of Pressure Cooking: 108 Everyday Instant Pot Healthy and Delicious Recipes for Stovetop and Electric Machine (Crock-Pot Meals, Instant Pot Cookbook, Slow Cooker, Pressure Cooker Recipe) The Mega Crockpot Recipes Box Set: Crockpot Recipes, Slow Cooker Recipes, Crock pot Recipes, Dump Dinner Recipes, Quick Meal Recipes: Over 300 All Time ... Recipes For You & Your family (99+1 Book 4) Slow Cooking - Top 500 Slow Cooking Recipes Cookbook (Slow Cooker, Slow Cooker Recipes, Slow Cooking, Meals, Slow Cooker Chicken Recipes, Crock Pot, Instant Pot, Pressure Cooker, Vegan, Paleo) Diabetes Diet: Quick, Easy and Enjoyable Diabetic Recipes (Diabetes Diet, Dieabetes Diet Plan, Gestational Diabetes, Diabetic Recipes, Type 2 Diabetes, Diabetes Diet Cookbook, Diabetic) Crock-Pot: Diabetic Recipes Instant Pot Cookbook: Entry Level: Cooking Healthy and Delicious Food Quick and Easy with a Pressure Cooker (Pressure Cooker Recipes, Electric Pressure Cooker, Slow Cooker, Crock Pot) Instant Pot Cookbook: Quick And Very Easy Electric Pressure Cooker Recipes For Every Taste (Instant Pot Recipes, Instant Pot Electric, Pressure Cooker, Slow Cooker Book 1)

[Dmca](#)